

LILIANA AGUAYO

CONTACT INFORMATION

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SUMMARY OF QUALIFICATIONS

Graduate Student focused on researching the risk for obesity and insulin resistance among Mexican families, in Mexico and the US. Experienced Research Coordinator, Bilingual Cognitive Interviewer, Bilingual Focus Group Moderator, and Spanish Translator. Over 5 years of experience in Public Policy Research. Proven ability to manage multiple studies simultaneously. Ability to prepare grant proposals, consent forms, reports, submissions, training sessions and presentations. Thorough understanding of Institutional Review Board regulations. Excellent writing and communication skills in both, English and Spanish.

EDUCATION

- *University of Illinois at Urbana-Champaign*: Urbana-Champaign, IL. 2013-2014.
Master of Public Health
PhD in Community Health.
- *Northwestern University*. School of Continuing Education: Evanston, IL. 2012-2013
Completed four courses on Statistics and Psychology as non-degree seeking within the School of Continuing Education.
- *Loyola University Chicago*: Chicago, IL. 2005- 2006
B. A. in International Studies. B. A. in Political Science. Minor in Latin American Studies.
- *Universidad Complutense*: Madrid, Spain. 2003
Diploma in Latin American Economic Relationships (Attended concentration course on Latin-American political and economic agreements).
- *El Colegio de San Luis A. C*: San Luis Potosí, Mexico. 2001-2004
Certificate of Studies in International Relations.
- *Universidad Autónoma de San Luis Potosí (UASLP)*: San Luis Potosí, Mexico: 2000 - 2001
Certificate of Studies in Economic Studies

AWARDS

- 2016 Service Award in recognition of Service to the Graduate College Educational Equity Programs. The Graduate College at the University of Illinois at Urbana-Champaign.
- 2016 Spring 2016 Conference Travel Award. The Graduate College at the University of Illinois at Urbana-Champaign.
- 2015-2016 Britta L. and James A Wolfe Award. University of Illinois at Urbana-Champaign. College of Medicine
- 2013 Robert Louis Katz Summer Scholars. Ann & Robert H. Lurie Children's Hospital of Chicago
- 2013-18 Illinois Transdisciplinary Obesity Prevention Program (I-TOPP) Scholar
USDA-Grant number 2011-67001-30101

PROFESSIONAL EXPERIENCE

University of Illinois at Urbana-Champaign. Department of Kinesiology and Community Health. Aging and Diversity Lab..... Champaign, IL.

- 08/2013-Present. **Research Assistant**
Responsible for the design and development of the qualitative evaluation of the intervention program "Abuelas en Acción" (Grandmothers in Action).

Northwestern University. *Feinberg School of Medicine. Division of General Internal Medicine. Health Literacy and Learning Program*.....Chicago, IL.

- 07/2011- 08/2013. **Research Project Coordinator**

Responsible for the recruitment, interviewing, data processing and analysis of multiple ongoing longitudinal studies. Other functions include: assistance in preparation of grant applications, translation of research materials from English to Spanish and elaboration of periodic progress reports.

Selected studies:

- * Longitudinal Study of Cognition, Health Literacy, and Self-Care in COPD (Chronic Obstructive Pulmonary Disease) patients. The overall objective of this study is to investigate the longitudinal associations between Health Literacy, cognitive function, and self-care behaviors of patients 55 years and older who have COPD. The study also looks at the role that caregivers play in the relationship between Health Literacy and COPD self-management.
- * Improving Breast Cancer Screening in a Community Health Center. The current project is an assessment of technology use to understand how patients at a Community Health Center access and perceive technology. This information will be applied to design an electronic patient portal.
- * Infórmate. HRSA. This project's goal is to develop a culturally sensitive website on living kidney donation for Hispanics/Latinos.
- * Senior's Health Literacy, Beliefs and Asthma Self-Management (ABLE). This study seeks to investigate the association between health literacy, cognitive function, health beliefs, and self-care behaviors among older adults with asthma.

Research Support Services (RSS.Inc).....Evanston, IL.

- 2009-2011. **Assistant Survey Director**

- 2008-2009 **Research Assistant**

Responsible for the oversight of data collection, operations and client relations for more than 10 studies annually. Functions included: Coordination of multiple qualitative studies; conducted cognitive interviews, trained and managed field interviewers and assisted with qualitative analysis. Additionally, assisted the principal investigator in the preparation of grant submissions.

Selected studies:

- * *Community Action for Child Health Equity (CACHE)*. -Section for Child and Family Health Studies. NorthShore University HealthSystem. Research Institute: Five-year, multi-site, prospective cohort study of the influences of stress and resilience of maternal allostatic load and birth outcomes (2008-2011).
- * *Cognitive Testing of HRQOL Interview Guide for Adolescents*. Cognitive interviews administered to 12 to 17 year olds designed to test questions about health knowledge, attitudes, and understanding of terminology (2011).
- * *The California Endowment Enhanced Spanish Drug Label Design to Promote Patient Understanding and Use*. - Northwestern University. Feinberg School of Medicine. Division of General Internal Medicine. Health Literacy and Learning Program: A study to test an evidenced-based prescription drug labeling strategy to improve patient understanding and use of medications in 5 languages through cognitive interviews in Spanish, Korean, Chinese, Vietnamese, and Russian.

2007-pres. **Cognitive Interviewer**

Responsibilities included screening and recruiting participants, conducting cognitive interviews, writing interview summaries and assisting with the analysis and project report preparation.

Selected studies:

Affordable Care Act Pretesting Cognitive Interview Study (2011-2012), Cognitive Testing of Translations of American Community Survey (ACS) Supporting Materials in Multiple Languages (2007 and 2009-10), the 2010 Decennial Form in Multiple Languages (2008), Cognitive Testing of ACS Content (2009) and the Cognitive Testing of Spanish Language Translation of Selected Questions in the American Housing Survey (2008) ...

2006-pres. **Translator**

Member of the RSS translation committee. Participated in the translation of survey questionnaires and respondent materials from English into Spanish for over 30 studies, including: *The National Children Study (NCS)*, *Moving to Opportunities Survey*, *The General Social Survey (GSS)*, *The Community Action for Child Health Equity (CACHE)*, *The National Youth Tobacco Survey (NYTS)*, etc.

Alivio Medical Center.....Chicago, IL.

04/2008-09/2008. **Research Coordinator**

Designed and developed a strategy to complete the data collection of a Health Assessment in four communities in Chicago as part of the project titled: *Community Health Assets and Needs Assessment*. Responsibilities included networking and establishing relationships helpful for the logistics of the project. Organized and conduct focus groups and developed summaries and transcripts to present to the principal investigator and the advisory council for analysis. Additional responsibilities included recruiting, training and management of personnel.

General Consulate of Mexico..... Chicago, IL.

03/2007-02/2008 **Consular Agent**

Responsible for conducting interviews along with the evaluation and interpretation of Mexican official documents to determine individuals’ fulfilling of official requirements for the issuing of official documents such as passports or consular identifications.

PRESENTATIONS

Aguayo, L. (2016) Visual Narratives: a Window to the Obesogenic World of Young Mexican American Children. Poster session presented at 28th Annual Ethnographic and Qualitative Research Conference. 2016; February 1st & 2nd; Las Vegas, NV.

Aguayo, L. (2015) Impact of a Church-Based Lifestyle Intervention to Reduce Depressive Symptoms Among Latinas. Poster session presented at 27th Annual Ethnographic and Qualitative Research Conference. 2015; February 9th & 10th; Las Vegas, NV.

Aguayo, L., Aguilar, P., Urquiza, S., & Grigsby-Toussaint, D. (2014) Review of Smartphone Applications Designed to Improve Latino(a) Diabetics Self-Care Behaviors: “Opportunity” or Risk?. Abstract no. 2014-LB-5973-Diabetes. Poster no.LB-54 (Late Breaking Session). American Diabetes Association’s 74th Scientific Sessions; 2014; June 13-17; San Francisco, CA.

Aguayo, L., Linares, D. M.A., Galvez, P., Arias, D., Carlos, L., Rodriguez, A., & Schwingel, A. (2014) *Abuelas en Acción* : Outcomes of a Lifestyle Intervention. Poster session presented at the Obesity Across the Lifespan Symposium; 2014; May 8; University of Illinois, Urbana-Champaign, IL.

Aguayo, L., Galvez, P., Linares, D., & Schwingel, A. (2014) Examining the relationship between fried food intake and depressive symptoms in older Latinas. Poster session presented at the 2014 Nutrition Symposium; 2014; April 23; University of Illinois, Urbana-Champaign, IL.

Goel, M.S., Rachel O’Conor, R., **Aguayo, L.,** Boyd, A., and Baker, D. (2013). Patients in a Community Health Center Consider Patient Portals Important but Face Barriers to Adoption. Poster session presented at the 36th Society of General Internal Medicine Annual Meeting; 2013; April 24; Denver, CO.

LANGUAGE SKILLS

Spanish. Native speaker – born and raised in Mexico. (See university-level studies in Spanish in Mexico and Spain under Education).

Portuguese and French. Proficient.

VOLUNTEER WORK

CommunityHealth.....Chicago, IL

2011-2013. **Diabetes Class Instructor**

Responsible for teaching a 5 session course on diabetes management and best practices in English and Spanish to patients with diabetes diagnoses.